



Free Food Preserving Class

Sunday Sept. 11th, 2-4:30pm
Mohr Community Center - 7640 Jackson Blvd.

Join Forest Park Community Garden and Live Healthy Forest Park for a fun workshop where you'll learn how to preserve your favorite summer foods including:

- > Home canning basics
- > Canning your own tomatoes
- > Making and canning salsa
- > Making and canning grape jelly
- > Freezing and dehydrating produce as winter storage

This class is designed for anyone from complete beginners to experienced canners.

Please RSVP at fpcommunitygarden@gmail.com
or by calling us at 708-792-3724 See you there!